

# The 3 DAYS • 3 WEEKS • 3 MONTH Rule of Adopting a Rescue Dog

The 3-3-3 Rule is a general guideline, every dog is unique and will adjust differently. Give your dog space and allow him to go at his own pace.

## 3D



### IN THE FIRST 3 DAYS:

- Feeling overwhelmed
- May be scared and unsure of what is going on
- Not comfortable enough to be "himself"
- May not want to eat or drink
- Shut down and want to curl up in his crate or hide under a table
- Testing the boundaries

## 3W



### AFTER 3 WEEKS:

- Starting to settle in
- Feeling more comfortable
- Realizing this could possibly be his forever home
- Figured out his environment
- Getting into a routine
- Lets his guard down and may start showing his true personality
- Behavior issues may start showing up

## 3M



### AFTER 3 MONTHS:

- Finally completely comfortable in his home
- Building trust and a true bond
- Gained a complete sense of security with his new family
- Set in a routine